

BOB STEPS UP

Serial Guinness world record-smasher Bob Natoli (right) needed only two minutes of extreme effort to add two more records to his already bulging stash. On April 4, the 57-year-old from Oswego, New York, blasted the most step-ups in one minute with an 18kg pack (52) and the most step-ups in one minute with a 27kg pack (47).

Bob donated \$100 for every step – a total of \$9900 – to the family of Julian Ross, a seven-year-old boy fighting cancer.

He also holds world records for most chin-ups and squat thrusts in a minute (44 and 56), and one-hour records for most dumbbell weight raised (18,016kg), most barbell weight rowed (23,423kg) and most barbell curls (27,224kg).



Bob needs the backpack to carry home all his records.