

CERTIFICATE

The most squat thrusts
in one minute
was 56 by
Robert Natoli (USA)
in Oswego, New York, USA,
on 10 February 2007

GUINNESS WORLD RECORDS



© GUINNESS WORLD RECORDS LIMITED 2011. THIS CERTIFICATE DOES NOT NECESSARILY DENOTE AN ENTRY INTO ANY PRODUCTS DISTRIBUTED OR OWNED BY GUINNESS WORLD RECORDS LIMITED AND MUST NOT BE REPRODUCED WITHOUT PRIOR WRITTEN PERMISSION OF GUINNESS WORLD RECORDS LIMITED.